



MARSOC SERE REQUIRED GEAR LIST



Students are required to bring the following items to support garrison or field training:

- (1) Eight Point Cover, or service specific garrison headgear
- (1) Boonie cover, or service specific field headgear
- (2) Seasonal MARPAT uniforms (Garrison) or service specific uniform
- (1) Serviceable Green MARPAT uniform (Field) or service specific Field uniform
- (2) Pair boots (seasonal Marine Corps or Service issued equivalent)
- (5) T-shirts, underwear (minimum)
- (8) Pair of socks (preferably wool/smart wool for FTX) (minimum)
- (1) LBE/LBV or equivalent (with Pouches to carry equipment)
- (2) 1 quart Water carrying devices (w/ carrier)
- (1) Canteen Cup
- (1) First Aid Kit, IFAK or service issued Kit
- (1) Bottle of foot powder or body powder (non-aerosol spray)
- (1) Watch
- (1) Wrist Compass
- (1) Fixed blade knife and/or Multi-tool
- (1) Pair eye protection with **CLEAR LENSES** (Not optional)
- (1) Pair gloves (leather or Nomex flight gloves)
- (1) Something to write on and something to write with
- (1) Headlamp or Flashlight w/ red lens and Batteries
- (1) Mountain Ruck/ ALICE pack or equivalent
- (1) 550 cord (min 50 ft / max 100 ft)
- (1) Package of map pens and (1) protractor
- (1) Camouflage paint kit
- (1) Camel Back (third carrying device)
- (1) E-Tool with cover
- (1) Poncho Liner
- (1) Issued Poncho or Tarp
- (1) Gore-Tex top and bottom
- (1) Summer sleeping bag with Gore-Tex Bivy Shell
- Unlimited number of waterproof bags (issued, off the shelf, trash bags etc.)
- Personal hygiene items i.e. toothbrush, toothpaste, shaving kit, wash cloths and towels
- Civilian Book bag / Kelty pack



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- **Females Only:** Feminine Hygiene Items (not optional)

All students will bring appropriate civilian clothing for the seasonal climate. Clothing will be worn during four days of academics and one day of off base training. Clothing will be casual attire, (pants/polo, or pull over shirt) preferably earth tone colors. Durable walking or trekking footwear is highly recommended. Civilian style rain jacket may be appropriate. Clothing must be serviceable – no holey, torn, ripped or stained articles. No shorts, dresses or skirts, tank tops, opened toe shoes, flip-flops, or cowboy boots will be worn during training evolutions.

Additional seasonal items required during the period 01 October through 15 April

- Complete issued Service specific winter sleeping bag system with Gore-Tex Bivy Shell
- (1) Warming layer top
- (1) Warming layer bottom
- (1) Fleece cap

Optional Items:

- Insect repellent, uniform spray (Permethrin)
- Baby wipes (non-alcohol)
- Toilet paper
- Mosquito head net
- Tobacco products
- Sewing kit
- Chap stick (non-medicated)
- Snap link (subdued)
- Poly sleeping mat
- Sling rope
- Bungee cord(s)
- Petroleum jelly
- Lensatic Compass

Unless noted on this gear list or issued by SERE Staff, NO additional items are authorized

**** Do not bring anything that is irreplaceable or that you cannot afford to lose... forever ****